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## CristalloAP Smart Watch **Blue Dial**

With Extra Grey Silicone Band-SKU: PD-CRISTALLOAP

Thank you for purchasing our product. By reading this manual, you will gain a comprehensive understanding of the device's operation. The smartwatch connects to your smartphone via Bluetooth, offering a variety of practical functions to enhance mobile phone usage. The smart watch provides different features to monitor the user's activity and health. Please note that the Company reserves the right to alter the contents of this manual at any time without prior notification. This product is NOT intended to serve as a medical device. Health-related data and recommendations provided are solely for informational purposes, and should not be construed as medical advice or used for diagnosis or treatment.

## App Connectivity

To establish the connection between the watch and your phone follow these steps:

1. Download and install the "**FereFit**" app on your phone by scanning the the QR code. Once the interface is accessed, choose either **Android** or **iOS** on the interface and proceed to download through your mobile browser.

**A QR code is provided below for direct access to the "FereFit" app download.**



**Android/iOS**

2. Alternatively, search for "**FereFit**" in the App Store or the Google Play. Download and install the app.

**Note:** You will encounter several permission requests throughout the installation phase. It is imperative that you select "Agree" for each prompt to proceed. The watch must be connected via two Bluetooth connections, versions 3.0 and 5.0, to access all features.

## **Bluetooth 5.0 Connection:**

After installing the "**FereFit**" app, activate your phone's Bluetooth. The "**FereFit**" app will prompt you to enable necessary notifications. To pair, go to the bottom right corner of the app, select the scanning option, look for the device name "**CristalloAP**" and connect. Some Android devices may require GPS activation to pair.

## **Bluetooth 3.0 Connection:**

1. Activate the watch's Bluetooth 3.0.
2. Enable Bluetooth on your phone and select "CristalloAP" from the list of devices.

Follow on-screen prompts to establish the connection.

## **Bluetooth Connection Verification:**

A successful connection is indicated by the status bar displaying the Bluetooth icon in blue for both 3.0 and 5.0 connections. If the icon turns gray, the Bluetooth link has been lost.

## **Troubleshooting**

Due to the variance in Bluetooth protocols across different phone brands, the connection may occasionally become unstable. If issues arise, you can toggle the phone's Bluetooth off and on, or reset the watch to its factory settings to resolve the problem.

## **Setting Up Notifications:**

To enable notifications for incoming mail on your smartwatch, navigate to 'Settings' > 'Application Management'. Search for "**FereFit**" and select 'Permissions Management'. Ensure all permissions are enabled for "**FereFit**".

**Note:** To prevent the watch from being affected by power-saving features, especially when the phone's battery is low, add "FereFit" to the whitelist within the power-saving settings.

## Troubleshooting Notifications

Should you fail to receive a notification, it is important to note that the watch's notification function is an extension of your mobile's notification features, such as calls. If your mobile does not receive a notification, the watch will similarly not receive it. To activate the notification feature, configure the settings within the "FereFit" app to allow the notifications to be displayed.

## Main Function Introduction

**Encoder:** Rotate the button on the watch's standby interface to switch between dials or navigate up and down in the menu. The full-star style menu can be zoomed for ease of use, and applications can be maximized from within this interface.

**Split Screen:** Slide to the right in the dial interface to access the split-screen functionality and select the desired function.

**Dial Pushing:** Customize the dial display through the app, with options for pointer dials, digital, and custom dials.

**Phone:** Make calls directly from the watch, view call logs, contacts, and manage incoming calls with vibration or sound alerts.

**Contacts:** Synchronize up to 10 contacts from the phone to the watch via the app.

**Call Records:** Sync call history between the watch and the phone.

**Dialing Keypad:** Dial out directly from the watch.

**Activity Data:** Track daily steps, history, calorie consumption, and distance walked. Data resets at midnight each day.

**Message:** Receive messages from your phone, including support for various social platforms.

**Music:** Control music playback from the connected phone via Bluetooth. Only the phone can play music, not the watch.

**Heart Rate:** For accurate readings, wear the watch close to your wrist, above the bone. Real-time heart rate monitoring is available.

**Blood Oxygen:** To measure blood oxygen levels, ensure the watch is worn correctly and remain still during measurement. (about 20s)

**Blood Pressure:** Initiate monitoring by entering the function. For accurate readings, please wrap your hand flat and remain still for approximately 20 seconds.

**Body Temperature:** Activate the monitoring feature. To begin, place the palm of your hand on the sensor and wait around 20 seconds to register the value.

**Alarm Clock:** Set up to three alarms via the accompanying app. Alarms can also be configured directly on the watch.

**Voice Assistant (Siri):** After establishing a connection with Bluetooth 5.0/3.0, engage Siri by activating the voice command feature on the watch.

**Sleep Monitoring:** The device tracks sleep duration and quality from 21:00 until 09:00. This data assists in optimizing your work and rest periods for enhanced sleep quality. Access and manage your sleep records through the app.

**Exercise Modes:** The watch supports various exercise modes, including running, walking, soccer, badminton, tennis, basketball, table tennis, cycling, and additional sports.

**Photo Capture:** When the phone is unlocked, connect to the watch via Bluetooth to take photos. Images will be saved directly to your phone's album.

**Find Your Phone:** By connecting to Bluetooth, utilize the watch to ring your phone until you locate it or cancel the function.

**Device Finder:** Access this feature via the app to trigger persistent vibrations on the watch until you deactivate it.

**Weather Forecast:** The watch displays a 7-day weather forecast when connected via Bluetooth.

**Stopwatch:** Operate the stopwatch for both individual and cumulative timing tasks.

**Breathing Exercise:** Adjust the duration and pace of breathing exercises to your preference.

**Calculator:** Utilize the calculator for basic arithmetic functions.

**Menu Customization:** Select from a variety of menu styles to suit your personal preference.

**Settings:** Access the system settings to customize your experience.

**Quick Access Functions:** Swipe the dial interface to rapidly access functions such as heart rate monitoring, sleep tracking, weather, music, and positioning.

**Cycle Tracker:** The smartwatch features reminders for menstruation and ovulation, as well as a period calculator.

**Games:** The watch includes an interactive game titled "Dumb Birds Fly First".

**Location Services:** When the app is connected via Bluetooth 5.0, the watch displays real-time location data, subject to phone positioning permissions.

## Additional Settings

**Constant Light Time:** Set the duration for the backlight to remain on.

**Screen Timeout:** Adjust the duration for the screen display.

**Gesture Activation:** Raise your wrist to illuminate the screen; toggle this feature on or off as needed.

**Brightness Control:** Modify the screen brightness to your comfort level.

**Do Not Disturb Mode:** Enable to silence notifications either continuously or according to a specified schedule.

**Drainage Function:** Improve drainage by vigorously shaking the wristband.

**Password Setting:** Assign a personal password for access. If forgotten, the password can be reset using the default code '8888'.

**Phone Connection:** Scan the provided QR code with your smartphone to initiate the download of the FereFit App.

**Power Saving Mode:** Activate to dim the screen and disable vibration, conserving battery life.

**Language Options:** Offers multi-language support. Select your preferred language as needed.

**Time Adjustment:** Synchronize the time with the app or personalize it manually.

**Date Configuration:** Set the date through the app synchronization or adjust it to your preference.

**Factory Reset:** In case of software issues, revert to the original factory settings for resolution.

**Power OFF:** Shut down the watch by entering the power off mode.

**Device Information:** Access details about the watch model, software version, and MAC address in the 'About' section.

## Warranty

Products that you buy directly from our **Porodo** website or shop come with a 24-month warranty.

When you buy Porodo products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at **<https://porodo.net/warranty>** and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:  
**[porodo.net/warranty](https://porodo.net/warranty)**

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